

# Cowtown Singles Square Dance Club



## For Singles and Couples November 2020



Web site: <http://www.cowtown-singles-square-dance.org>

President: Betty Lawyer

Vice President:

Bruce Roberts

Treasurer: Dan Lawyer

Asst. Treasurer:

Phil Wicker

Secretary: Lois Roberts

Class Coordinator:

Janet & Phil Vinokur

Social: Open

Membership: Gene Stauffer

Publicity: Linda Wicker

Sunshine: Carolyn Griswold

Historian: open

Newsletter: Linda Wicker

Website: Don Hendrickson

Caller Bookings:

Dede Weatherwax

Teryl Ridgway

Visitations: open

Telephone: open



# President

Betty Lawyer

It looks like we are going to have Trunk or Treat in the Cowtown parking lot on Halloween. If you have anybody that likes that kind of thing it would be a safe place to take them. Just want you to know it is not a Cowtown sponsored event, just someone using our parking lot with our permission. We have also let Neil Booth and Bev Owens start having round dancing. They are doing everything that is required by law to do this. Sorry no news about square dancing and if we go back to purple there would be no more round dancing until we go back to red. Let's hope we can continue going forward. We can't wait to see all of you again. We will finish our class no matter how long it takes. We will get you through.

How do you like this little breath of cooler weather? Now that we finished cleaning our garage it turns cooler. When we were doing the garage we had a couple days of 115 degrees and better. Just like going to a Sauna. Now we have cabinets with doors on them. That should help with the dust. It only took us 2 weeks or better to install them. I sure will be happy when all this is over so I can rest up. There is too much work at home.

Now we can look forward to Thanksgiving or maybe remember how nice last year was. Hope everything is going okay for you and stay in touch. Please don't give up on Cowtown we love you.

*Dan and Betty*





# Membership

**Gene Stauffer**

It's been a difficult year. We have not been able to dance or come together as a club. But this will pass and we will return to the fun and fellowship we have all missed.

In consideration of the disruption the pandemic has caused, dues for the calendar year 2021 are being reduced to \$10.00 per member. By renewing your membership by the October 31 deadline, the club can file the required insurance documents and be ready to dance as soon as restrictions are lifted. Sorry for the short notice but everything is topsy-turvy this year.

Please mail your membership renewal check, made out to Cowtown Single Square Dance, in an amount equal to \$10.00 for each member to:

Gene Stauffer  
22720 Highview Ln  
Moreno Valley, CA 92557

Thank you. Susan and hope to see all of you in a square soon

*Gene*



Hello all,

I hope everyone is doing well and enjoying life. I'm doing alright myself.

Well it's forecasted to be less than 85 degrees in the evening so just maybe I'll start up some walking. The gym is open then closed, I can't keep up.

It's time again to cast your vote. Most are already decided, and the only thing is to decide how to do it. Will you mail in your vote or go to the polls? I'm filling out my ballot then taking it to the Registrar of Voters. Which ever way you go, exercise your right, then pray for whomever gets in office to do the best for our country. We're all in this together.

If ever you hear of someone needing a card sent out please let me know. I'll be happy to send a hug someone's way just like I did for one our members, and I heard she really appreciated it. Or just send a quick note yourself if someone is on your mind. It's uplifting to hear from a friend.

Hang in there,

*Carolyn Griswold*  
[gris3woody@aol.com](mailto:gris3woody@aol.com)



Elizabeth, Al Powell's friend said that anyone that wants to send a card could send them to Elizabeth, PO 7982 Riverside CA 92513. She also says that she would forward any cards to Al's family.



# Class Coordinator

**Janet & Phil Vinokur**

Hello club!

We address this to all club members this time, instead of just class. This is because we are all going to be class again once this is over! LOL I don't know about you, but we think we have forgotten plenty and am going to welcome the brush up with Steve on class nights. We will have a HUGE class if everyone really thinks about this. Besides, class is so much fun. See everyone at our first class! When that is, is anyone's guess though.

I have gotten totally out of shape these eight months of going from one chair to another as my main physical activity. This is a big problem because I want to be able to dance, dance, dance when we open again. As I am now, I will only be able to dance, then rest. This is not acceptable! Again, I bet this applies to more than one of you reading this. Won't you join me in working on this? Now that the weather is cool, it is perfect for getting outside and walking. I have a story to warn you about though. Don't be a weekend warrior and do it all in one time. I need to tell you that I have a big toe which is very stiff. You may have noticed I wear clunky, ugly orthotic shoes at our dances. This is because of that toe and high arches. Anyway, the first cool morning this week, I went for my daily walk. I have been trying to always walk about 30 minutes a day. On this walk though, I felt so good that I just kept going. As I got more than a mile away, I finally noticed I had better turn around. I made it home and was very proud. I had done more than 3 times as far as usual. Unfortunately, the next morning I hobbled around until the toe loosened up again. Moral of the story is Pace Yourself. I am learning this lesson slowly as this is the second time I have done this to myself. Grrrrr. Today the wind is raging and I am being wise and waiting for the afternoon before

Cont:

Class Coordinators-cont.

venturing out. I walk under lots of palm trees and I can imagine a crown clunking me on the head. So, be safe and sane. This is good advice for more than Halloween.

Speaking of Halloween, I am trying to be a good grandma in that area too. I don't think the granddaughters will get to go trick-or-treating this year. So I am going to a porch visit with them and we will play with slime and make macaroni necklaces in the evening with spooky candles for light outside. Gummy worms will be on the menu. We make our fun where we can. I still haven't hugged them in eight months and don't go inside. That stinks, but we are getting through it. It is actually good for my brain to try and come up with distant fun.

We hope you are also trying to find fun in these boring days. It is all about how you look at things. We know we are blessed to be healthy, safe, needs met, and so on. We wish the same to you. Halloween Hugs from Phil and Janet!



Phil Vinokur  
Arlie Peterson

Nov 2  
Nov 10





A Comfortable Deer



Bridal Waterfall



Yosemite Valley

## Sherry Vitzelio's Yosemite Pictures



El Capitan

Thanks to everyone that has sent pictures of things you're doing. A lot of people tell me how much they enjoy them. With the holidays coming up, please share with our square dance family. Thanks, Linda Wicker  
lwicker17445@gmail.com

Hope your Halloween and Thanksgiving happenings are fun.. Please stay safe.



Shawn's Pumpkin Family



Halloween in Huntington Beach



Teryl's Snowman

# Crafts



Shawn's Cinderella Diamond Dots and puzzle

## A Note From Kathi Wood

*Dear Cowtown family,*

*I want to take this opportunity to say thank you for all your support, thoughts, prayers, cards, calls, flowers and visits during the past several weeks.*

*As some of you may or may not know, I fell out of my camper at a recent Self Contained Squares campout, after a wonderful day of fun and fellowship. I broke my ankle, tibia, fibula, and a bone in the foot, and ended up with 22 stitches, a plate reconnecting the bones and 13 screws. Since then, I have spent 6 weeks in a rehabilitation center unable to walk. As of today, I am still unable to put any pressure on my foot and confined to a wheelchair, even with 5 days a week of therapy twice a day. Hopefully, today my visit to the surgeon will have a positive outcome and allow me to start walking and possibly go home.*

*Again, my thanks to everyone. All your kindness has boosted my spirits.*

*I miss dancing, and all the friendly faces. Hope to see you all soon in a square.*

*Stay safe and healthy.*

*Respectively,*

*Kathi Wood*



Huntington Beach in October